

Working in Modes for Better Productivity

Hi! I'm Jay 🖐️

I'm a multipotentialite

Multipotentialite - a person who displays aptitudes across multiple disciplines - How to be Everything

AKA I DO A LOT OF
THINGS!



Descriptions of Priorities

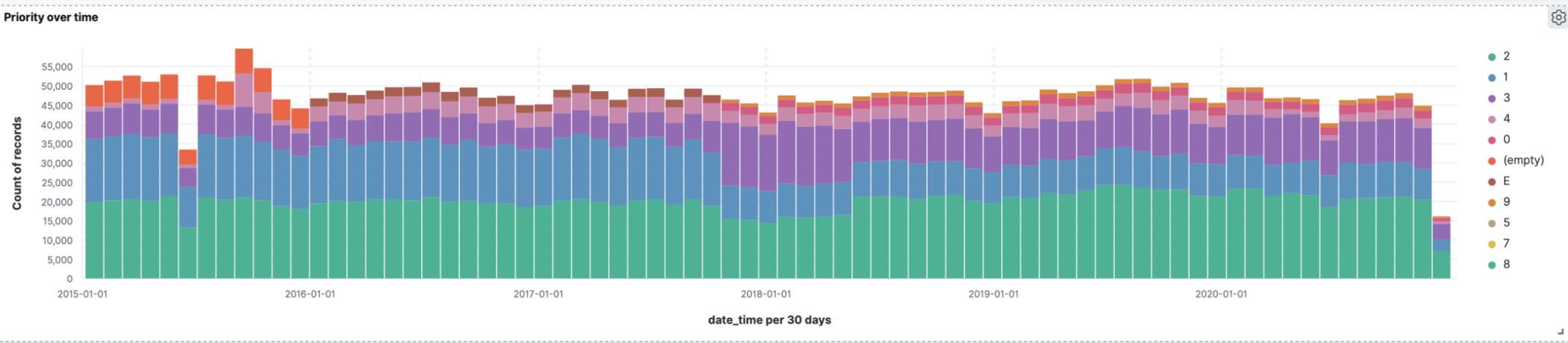
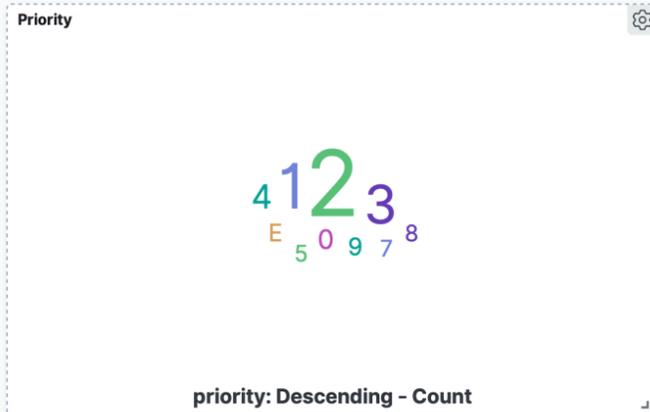
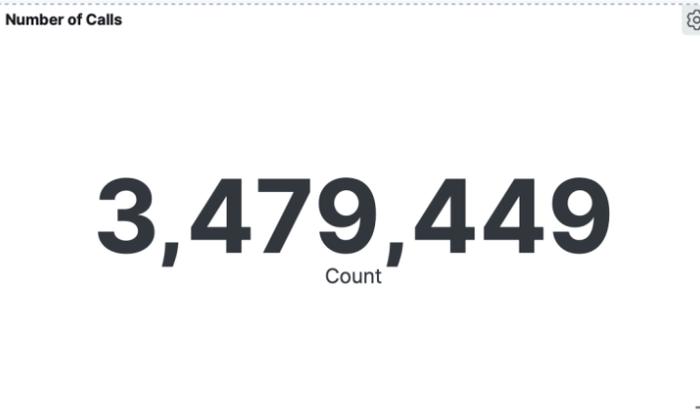
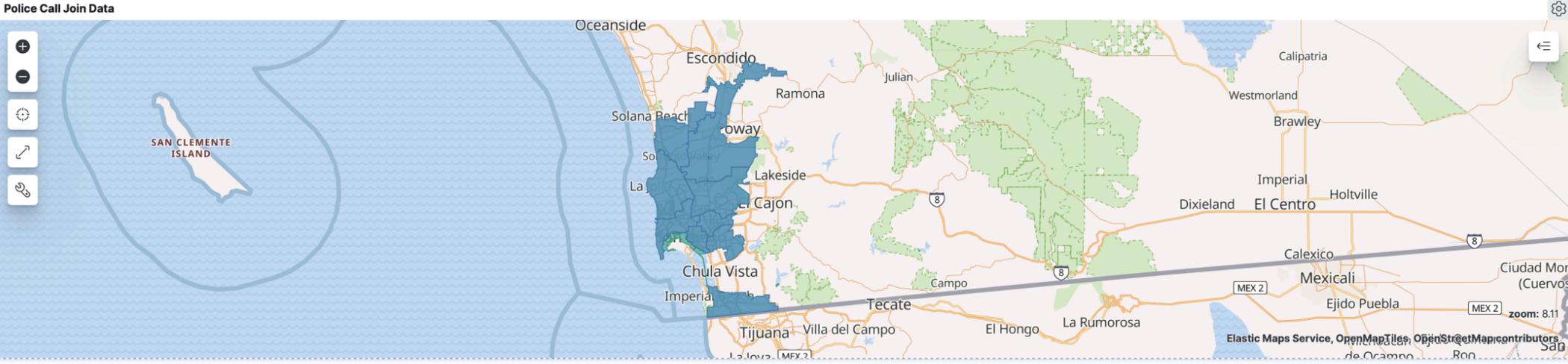
Priority E (Dispatch Immediately)
 Priority E calls involve an imminent threat to life. Examples include: serious injury collisions; ambulance needed; attempted suicide; and no detail accidents.

Priority One (Dispatch Immediately)
 Priority One calls involve serious crimes in progress and those in which there is a threat to life. Examples include: felony crimes in progress; lost children; child abuse; prowlers; minor injury collisions; disturbances involving weapons or violence; hazardous material spills; bomb threat evaluations; and 911 hang-ups.

Priority Two (Dispatch as quickly as possible.)
 Priority Two calls involve complaints regarding less serious crimes in which there is no threat to life. Examples include: prowlers who have left; traffic signals out of order; minor crimes in progress; blocked driveway when the caller is waiting to leave; injured animals; loud parties with mitigating circumstances; burglary alarms during extreme atmospheric conditions such as heavy wind, rain, etc.; and customers who refuse to pay for services.

Priority Three(Dispatch as quickly as possible after higher priority calls)
 Priority Three calls involve minor crimes or requests for service that are not urgent. Examples include: investigating a crime that has already occurred; taking a report; drunk persons who are conscious and not causing a disturbance; loud parties involving noise only.

Priority Four(Dispatch when no higher priority calls for the beat are waiting to be assigned)
 Priority Four calls involve minor requests for police service. Examples



Your Podcasts

 **AskABrit**
 Jay Miller and Jamie Taylor
 Owner 8 episodes Updated about 12 hours ago

 **The Waffling Taylors Podcast**
 The Waffling Taylors
 Owner 107 episodes Updated 1 day ago

 **Bob's TavernCast - A Hearthstone Battlegrounds Podcast**
 kjaymiller, dawniedk, doctorfeesh
 Owner 49 episodes Updated 4 days ago

 **The PIT Show: Reflections and Interviews in the Tech World**
 Jay Miller
 Owner 70 episodes Updated 5 days ago

 **The (Bonus) PIT Show - Interviews and Aftershow**
 Jay Miller
 Owner 46 episodes Updated 2 months ago

 **DevOtaku**
 Dev Otaku
 Owner 13 episodes Updated 11 months ago

 **A Geeky Family**
 Jay & Britnie Miller
 Owner 3 episodes Updated about 1 year ago

 **What I'm Podcast with Jay Miller**
 Jay Miller
 Owner 8 episodes Updated about 1 year ago

 **Let's Learn Python**
 Jay Miller & Jamie Taylor
 Owner 0 episodes Updated about 1 year ago



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- Liked videos
- Show more
- SUBSCRIPTIONS
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- Chillhop Music
- GameChops
- MTV
- ChilledCow
- Silk Music
- The Jazz Hop Café
- Show 912 more
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- Hearthstone
- Comedy
- Mental Health
- Science
- Art
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- Music



Official Elastic Community
670 subscribers

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<p>Using Elastiknn for exact and approximate nearest neighbor search December 15, 2020 39:56</p> <p>Using Elastiknn for exact and approximate nearest... 30 views · 18 hours ago</p>	<p>Beginner's Crash Course to the Elastic Stack Series - Part 1.1 Intro to Elasticsearch & Kibana 56:42</p> <p>Beginner's Guide to the Elastic Stack Series - Part 1... 49 views · 20 hours ago</p>	<p>第39回Elasticsearch勉強会 Dec 17, 2020 26:35</p> <p>Elastic Paris Meetup #55 : Traçabilité des requêtes... 57 views · Streamed 1 day ago</p>	<p>Using the Elastic Stack for Data Science Dec 17, 2020 1:25:16</p> <p>Using the Elastic Stack for Data Science: An Intro - Oct... 45 views · 1 day ago</p>	<p>Outlier Detection with Machine Learning in the Elastic Stack Dec 17, 2020 1:17:00</p> <p>Using the Elastic Stack for Data Science: An Intro - Oct... 42 views · 1 day ago</p>	<p>Outlier Detection with Machine Learning in the Elastic Stack Dec 03, 2020 1:07:40</p> <p>Outlier Detection with the Elastic Stack - Dec 03, 2020... 19 views · 1 day ago</p>
<p>Elasticsearch Logs July 29, 2020 48:37</p> <p>Elasticsearch Logs 85 views · 1 week ago</p>	<p>Indexing Data from Pocket API July 29, 2020 24:33</p> <p>Indexing Data from Pocket API 33 views · 1 week ago</p>	<p>Observability From the Home April 30, 2020 1:09:14</p> <p>Observability From the Home 20 views · 1 week ago</p>	<p>View Your System Logs with Elastic in 10 Minutes August 28, 2020 39:53</p> <p>View Your System Logs with Elastic in Under 10 Minutes 26 views · 1 week ago</p>	<p>Outlier Detection with the Elastic Stack October 07, 2020 55:33</p> <p>Outlier Detection with the Elastic Stack 22 views · 1 week ago</p>	<p>SIEM, single pane of glass: myth or reality? November 18, 2020 1:02:04</p> <p>SIEM, single pane of glass: myth or reality? 25 views · 1 week ago</p>
<p>We're all searching for something: an overview of Elastic's Enterprise Search solution. December 01, 2020 58:08</p> <p>We're all searching for something: an overview of... 24 views · 1 week ago</p>	<p>New Python Elasticsearch client features: Async I/O and Type Hints Seth Larson @sethmlarson 21:09</p> <p>New Python Elasticsearch client features: Async I/O a... 47 views · 1 week ago</p>	<p>What's new in Elastic Stack 7.10? Dec 5, 2020 1:10:09</p> <p>What's new in Elastic Stack 7.10? - Dec 5, 2020 - Elastic... 75 views · 1 week ago</p>	<p>Optimizing Search Relevance using Queryq for Elasticsearch December 3, 2020 54:28</p> <p>Optimizing Search Relevance using Queryq for... 90 views · 2 weeks ago</p>	<p>Elasticsearch Goes to Congress December 2, 2020 34:38</p> <p>Elasticsearch Goes to Congress 38 views · 2 weeks ago</p>	<p>Enabling Full-Text Search With Change Data Capture Nov 19, 2020 33:41</p> <p>Enabling Full-text Search with Change Data Capture -... 55 views · 2 weeks ago</p>
<p>7.10 update, improving your app search bar, & adding observability to a Django app</p>	<p>Food Safety Risks? The Elastic Stack to the Rescue</p>	<p>Türkiye Fiziksel Müzik Arama Deneyiminde Elasticsearch'ü Nasıl Kullandık</p>	<p>Deep dive into the new Elastic Indexing Strategy</p>	<p>Project Examples Using City Open Portal Data</p>	<p>Como inserir dados no App Search?</p>

Plus

Anxiety Disorders/ADHD

PTSD

Husband/Dad

What You'll See

- two tools that I use for many of my processes for Job and business.
- some tools that I'm not really talking about but are a part of my system

What we are NOT talking about

- Task/Project Management
- Time Batching/Chunking

Systems and Techniques can help you identify what you need to do but you may need help staying in the moment.

**I need to remove the FRICTION in
staying on task.**

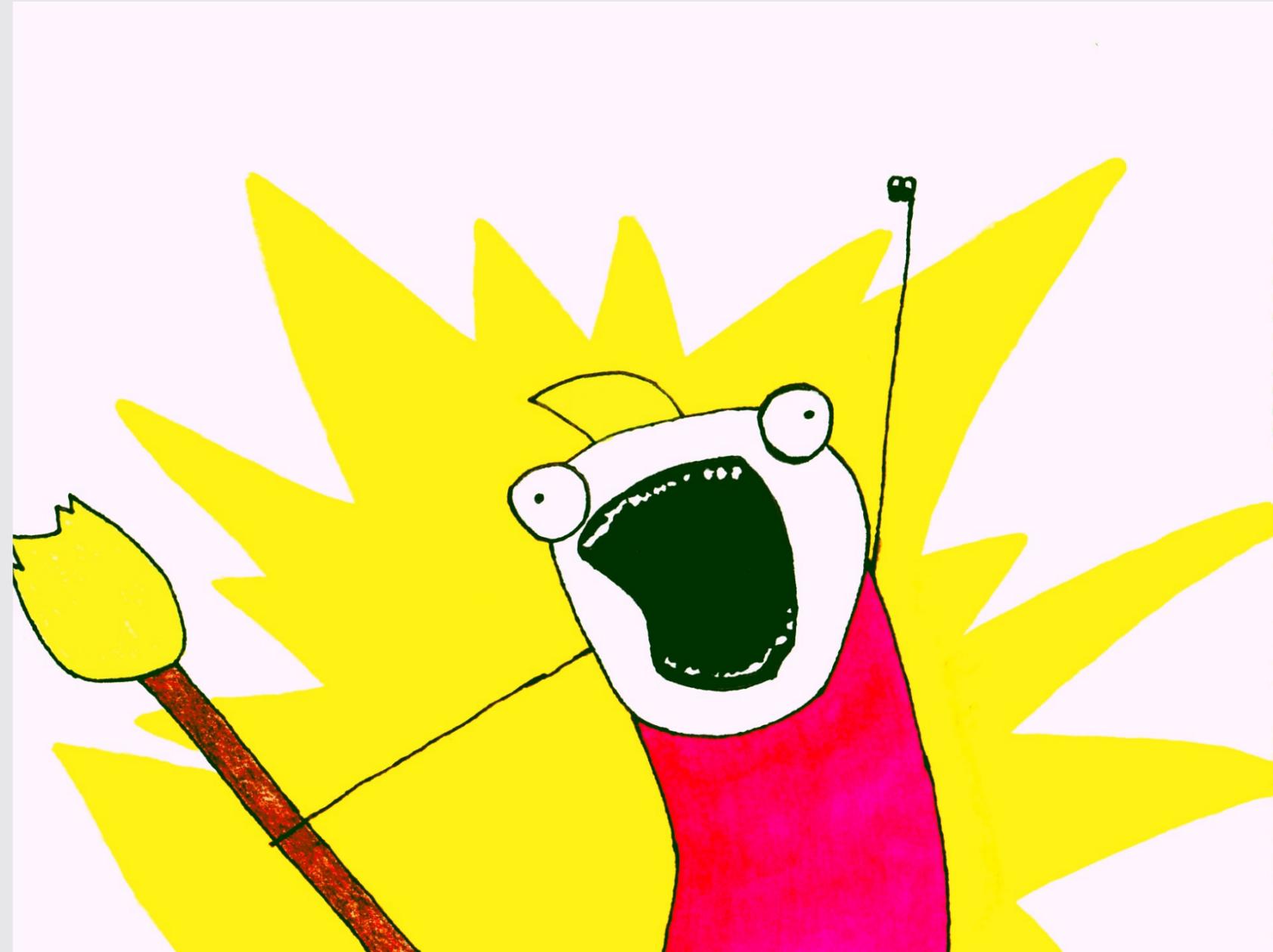
Modes

[@kjaymiller](https://www.instagram.com/kjaymiller) | kjaymiller.com



Open the things you need

Close the things you don't



Bunch

Created by Brett Terpstra
Text Based Rules
Easy to learn Language



The Language and Rules

Each action on it's own line

```
Filename.txt – Open file in default app  
AppName – OpenApp  
– XX – Close all windows in parent app  
– FileName – open file in parent app  
!AppName – Quit App  
!!AppName – Open App on Closing  
@AppName – Make App Visible  
< Load_snippet.snippet
```

My Most Involved Bunch

```
# Settings for podcast recording  
< podcast_recording.snippet
```

```
# Close all Safari Tabs  
Safari  
- XX
```

```
# Hide all windows  
@@
```

```
# Open links for podcast  
https://reddit.com/r/bobstavern  
https://playhearthstone.com/en-us/news/patchnotes#articles  
https://playhearthstone.com/en-us/battlegrounds  
https://hsreplay.net/battlegrounds/heroes/
```

```
# Switch to Discord  
Discord
```

[@kjaymiller](#) | kjaymiller.com

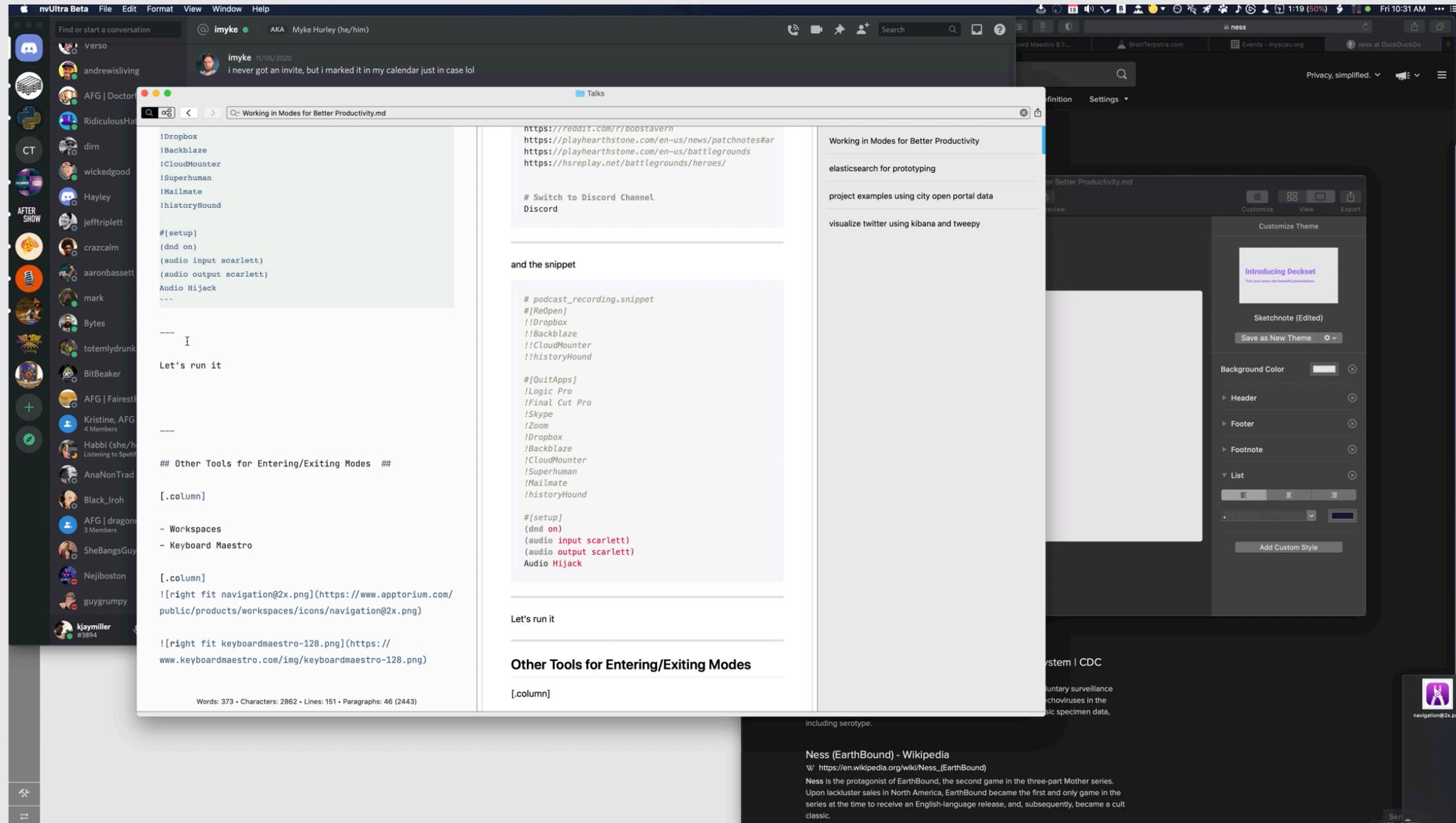
and the snippet

```
# [ReOpen]
!!Dropbox
!!Backblaze
!!CloudMounter
!!historyHound
```

```
# [QuitApps]
!Logic Pro
!Final Cut Pro
!Skype
!Zoom
!Dropbox
!Backblaze
!CloudMounter
!Superhuman
!Mailmate
!historyHound
```

```
# [setup]
(dnd on)
(audio input scarlett)
(audio output scarlett)
Audio Hijack
```

Let's run it



Why bunch

- Fast Modification

Some Notes:

- Runs using Applescript
- Runs in Series

But what about staying in a mode?

Deviation is an invitation for distraction - ~~Anonymous~~
Me

Hook

- by CogSci Apps
- Allows you to store connections **IN PLACE** so that you can recall information.





Home - myscau.org



HOOKED



Bunch - BrettTerpstra.com

<https://brettterpstra.com/projects/bunch/>



David Ginsburg (@daveg65) / Twitter

<https://twitter.com/daveg65>

⌘2



Hook – Find without searching

<https://hookproductivity.com/>

⌘3



SCAU-POSTER-12-19-2020-FINAL.jpg 2,448×1,584 pixels

<https://www.myscau.org/wp-content/uploads/2020/12/SCAU-POSTER-12-19-202...>

⌘4



Sub Chic Apple Users (@myscau) / Twitter

<https://twitter.com/myscau>

⌘5

Return key opens [Bunch - BrettTerpstra.com](https://brettterpstra.com/projects/bunch/). ⌘ⓧ deletes the link.

Demo Time!

! Create a Bunch for Research Time

- Hide Everything
- Get your Research Music Playing (Because Lo-Fi before it was cool)
- Load up nvUltra my writer of choice
- Create a new doc for our "guest"
- Pull information from email save to hook
- Go to website add to hook
- Twitter, LinkedIn and Twitch, add all to hook

